

**SSR INNOVATIVE FOUNDATION**

# **ANNUAL REPORT**

## **2025-26**

**Education • Health & Nutrition • Digital Awareness**

*Prepared as an organizational activity report for proposal and grant submission*

**Strategic Self-Reliance Innovative Foundation**

Registered under Section 8 of the Companies Act, 2013

CIN: U88900AS2023NPL025172 | PAN: ABLCS6625G | 12A & 80G approved

**ASSAM, INDIA**

# 01 Organization Profile & Executive Summary

## About the Foundation

SSR Innovative Foundation (Strategic Self-Reliance Innovative Foundation) is a Section 8 non-profit organization. The Foundation works through training, awareness, community engagement and capacity-building approaches across education, healthcare and social service systems.

## Registration Snapshot

|                                        |                                                                 |
|----------------------------------------|-----------------------------------------------------------------|
| <b>Legal Status</b>                    | Section 8 Company under the Companies Act, 2013                 |
| <b>Corporate Identification Number</b> | U88900AS2023NPL025172                                           |
| <b>PAN</b>                             | ABLCS6625G                                                      |
| <b>Income Tax Approvals</b>            | Approved under Sections 12A and 80G of the Income Tax Act, 1961 |

## Vision & Mission

### OUR VISION

A future where everyone has the opportunity to thrive and reach their full potential.

### OUR MISSION

To provide accessible training and development opportunities; strengthen education, healthcare and social service systems; support community-driven initiatives and advocacy; conduct research; and build institutional and professional capacity through evidence-based and inclusive approaches.

## Executive Summary

During FY 2025-26, SSR Innovative Foundation carried out community-based awareness initiatives across education, health and nutrition, and digital safety. The activities focused on practical knowledge, preventive awareness and responsible behaviour, with engagement of school children, tea garden communities, frontline workers and community stakeholders.

The education initiative reached two primary schools in Kaliabor and approximately 20-30 students. Health and nutrition awareness activities were conducted at Kaliabor Tea Estate and Seconee Tea Estate with community members, Anganwadi Workers and ASHA workers. A small digital awareness session in Guwahati introduced participants to safe and responsible mobile internet use. These activities provide an early evidence base for developing more structured programmes with regular follow-up and wider community participation.

## 02 FY 2025-26 at a Glance

*A concise snapshot of the activities documented in this annual report*

| Programme / Activity                                  | Location / Coverage                                                    | Primary Participants / Purpose                                                                             |
|-------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| <b>Education Awareness Initiative</b>                 | Kaliabor, Nagaon; Jawkata LP School and Sagmootea Tea Estate LP School | Primary school children; life skills, hygiene, nutrition, discipline and child safety                      |
| <b>Health, Food Habits &amp; Nutrition Awareness</b>  | Kaliabor Tea Estate and Seconee Tea Estate, Nagaon                     | AWWs, ASHA workers and tea tribe community members; preventive health, nutrition and maternal-child health |
| <b>Digital Awareness: Safe Use of Mobile Internet</b> | Guwahati, Assam; 5 participants                                        | Community members and stakeholders; cyber safety, privacy, fraud awareness and responsible internet use    |

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## 03 Education Awareness Initiative

*Location: Kaliabor, Nagaon District, Assam | Implemented by: SSR Innovative Foundation*

SSR Innovative Foundation initiated education outreach in tea garden areas through voluntary school visits focusing on life skills, hygiene, nutrition and child safety. The sessions were designed for primary school children and used interactive, child-friendly methods.

### Schools & Reach

- Jawkata LP School
- Sagmootea Tea Estate LP School
- Students reached: approximately 20-30
- Girls' beneficiaries: approximately 10
- Teachers engaged: 2
- Volunteers mobilized: 2

### Key Focus Areas

- Daily routine and personal hygiene
- Healthy food habits and basic nutrition
- Discipline and positive behaviour
- Child safety awareness (Good Touch & Bad Touch for girls)

### Outcome Snapshot

The activity records note improved awareness of hygiene and daily habits, better understanding of healthy eating practices, increased personal-safety awareness among girl students, and positive engagement from school authorities.

### Sustainability & Way Forward

The initiative marks the beginning of a more structured education programme. The report identifies regular follow-up sessions, expansion to additional tea garden schools, and greater involvement of parents and community members as future priorities.

### Conclusion

This initiative provided an initial platform for promoting life skills, hygiene, nutrition and child well-being in tea garden communities. Continued support can help the Foundation conduct regular follow-up sessions, reach additional schools and strengthen parent and community engagement.

### 03 Education Awareness Initiative - Photo Highlights

*The photographs below capture key moments from the school-based awareness activities.*



*Student awareness session*



*Interactive classroom engagement*



*Students and volunteers after the programme*

## 04 Health, Food Habits & Nutrition Awareness Programme

*Tea Garden Areas - Kaliabor, Nagaon District | Venues: Kaliabor Tea Estate & Seconee Tea Estate*

During FY 2025-26, SSR Innovative Foundation organized awareness programmes on health, food habits and nutrition for frontline workers and tea tribe community members. The sessions focused on essential health practices, proper nutrition and preventive healthcare, with particular emphasis on strengthening the knowledge base of Anganwadi Workers (AWWs) and ASHA workers.

### Target Groups & Rationale

Target groups included AWWs, ASHA workers and tea tribe community members. The activity report highlights health and nutrition concerns in tea garden communities, including anemia, maternal and child health concerns, poor dietary diversity and limited access to accurate health information.

### Key Thematic Areas

- Routine health check-ups and early diagnosis
- Maternal and child healthcare practices
- Immunization schedules and benefits
- Prevention and management of seasonal illnesses
- Hygiene, sanitation and safe lifestyle practices
- Nutritional needs of children, adolescents and pregnant women
- Use of locally available foods to prevent anemia
- Safe drinking water and food-safety practices

### Participatory Approach

- Interactive awareness sessions with community members
- Group discussions with AWWs and ASHA workers
- Practical demonstrations on balanced diets using locally available foods
- Experience-sharing and problem-solving discussions
- Direct community interaction and counselling

## 04 Health, Food Habits & Nutrition Awareness Programme - Continued

### Outcomes & Community Response

- Improved awareness of maternal and child health practices
- Better understanding of balanced nutrition and anemia prevention
- Strengthened frontline-worker understanding of malnutrition-related concerns
- Increased community participation and openness to adopting healthy practices

Participants showed strong interest and emphasized the importance of conducting such programmes regularly.

### IPC Session with Tea Tribe Community

An Interpersonal Communication (IPC) session was also conducted at Kaliabor Tea Estate and Seconee Tea Estate. The discussion focused on maternal and child healthcare, immunization, family nutrition, regular health check-ups, personal hygiene and sanitation. The two-way format enabled community members to discuss concerns and receive practical guidance.

### Programme Learning

The activity records indicate that regular, community-level engagement can reinforce health and nutrition knowledge while strengthening the role of frontline workers. Continued sessions and practical demonstrations are identified as important next steps.

### Glimpses of the Programme



*Community-level health and nutrition engagement*



*Field interaction with community members*

## 04 Health, Food Habits & Nutrition Awareness Programme - Photo Highlight

*The photograph below captures community participation during the health and nutrition awareness programme.*



*Awareness session with community participants*

### Conclusion

The awareness programmes at Kaliabor Tea Estate and Seconee Tea Estate were documented as positively received by participants. The Foundation intends to continue such interventions to strengthen health and nutrition awareness among vulnerable tea garden communities.

## 05 Digital Awareness Session - Safe Use of Mobile Internet

*Financial Year: 2025-26 | Location: Guwahati, Assam | Implemented by: SSR Innovative Foundation*

SSR Innovative Foundation conducted a digital awareness discussion with community members and stakeholders to promote safe and responsible use of mobile internet. The session addressed both the benefits and potential risks associated with online platforms, especially for children and adolescents.

### Objectives

- Build awareness on safe use of mobile internet
- Educate participants on risks such as cyberbullying, fraud and inappropriate content
- Promote responsible digital behaviour among children and families
- Encourage monitoring and guidance by parents and community members

### Key Discussion Areas

- Positive use of the internet for education and learning
- Risks of excessive screen time and online addiction
- Cyber safety and privacy
- Online fraud and misleading information
- Safe use of social media platforms
- Role of parents/guardians in supervising children's online activities

### Participation (Approx.)

| Indicator             | Details |
|-----------------------|---------|
| Participants          | 5       |
| Community Members     | 2       |
| Teachers/Stakeholders | 1       |
| Volunteers            | 1       |

## 05 Digital Awareness Session - Outcomes & Photo

### Outcomes

- Increased awareness on safe and responsible internet usage
- Better understanding of online risks and preventive measures
- Encouraged community-level discussion on digital safety
- Participants expressed interest in more structured digital-literacy sessions

### Next Step

The Foundation plans to expand digital-awareness sessions to include students, parents and teachers in a more structured manner, with emphasis on cyber safety, privacy, fraud prevention and responsible internet use.

### Programme Glimpse



*Digital-awareness discussion with community members and stakeholders*

### Conclusion

The session highlighted both the opportunities and risks of mobile internet use and served as an initial step toward promoting digital literacy and safer online practices in the community.

## 06 Year-End Outcomes & Way Forward

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### What the Year Demonstrated

- Community-based outreach across education, preventive health and nutrition, and digital safety.
- Engagement with school children, tea garden communities, frontline workers and community stakeholders.
- Use of interactive sessions, group discussions, practical demonstrations, counselling and direct community engagement.
- An emerging evidence base that can support the design of larger and better-measured programmes.

### Priorities Emerging from the 2025-26 Activities

The documented activities and participant feedback point to the following priorities for future programme development:

- Develop recurring awareness sessions rather than one-time activities, with simple follow-up mechanisms to assess retention and behaviour change.
- Expand education outreach to additional tea garden schools and include parents and community members where feasible.
- Continue health and nutrition engagement with frontline workers and strengthen practical demonstrations using locally available resources.
- Build a more structured digital-literacy programme for students, parents and teachers, with emphasis on cyber safety, privacy, fraud prevention and responsible internet use.
- Improve routine documentation of participant numbers, demographic coverage, session dates, feedback and outcome indicators to strengthen future proposals and reporting.

### Closing Note

The FY 2025-26 activities reflect SSR Innovative Foundation's community-oriented approach and its emerging experience in education, preventive health and nutrition, and digital awareness. The learning documented during the year can support future collaboration with institutions, communities and prospective funders.